

**Third B.Sc Nursing (Ayurveda) Degree Regular/Supplementary
Examinations March 2025**

Panchakarma – II

Time: 3 Hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- Answer all parts of a single question together • Leave sufficient space between answers*

Essays:

(2x10=20)

1. Write the classification of Agnikarma (अग्निकर्म). Explain the Samyak, Heena, Atidagdha lakshana and Chikitsa.
2. Write the preparation of Dhanyamla (धान्याम्ल). Explain the procedure of Dhanyamla dhara (धान्याम्ल धारा).

Short notes:

(10x5=50)

3. Procedure of Ksharakarma (क्षार कर्म)
4. Pre and post management of Sirovasthi (शिरोवस्ति)
5. Uthara vasti Netra (उत्तर वस्ति नेत्र) and putaka (पुटक)
6. Sirodhara (शिरोधारा) with Kashaya (कषाय)
7. Dhoomapana vidhi (धूमपान विधि)
8. Kavala and Gandusha.
9. Procedure of Yoni pichu (योनि पिचु)
10. Kayaseka (कायसेक)
11. Kateevasti (कटीवस्ति)
12. Indications and contra indications of Abhyanga (अभ्यङ्ग)

Answer briefly:

(10x3=30)

13. Define Sankara sweda (संकर स्वेद)
14. Types of Jalooka (जलूका)
15. Karnapoorana (कर्णपूरण)
16. Dhoomavarti (धूमवर्ति)
17. Indication of Prachaana (प्रच्छान)
18. Ingredients of Elakkizhi
19. Benefits of Aschothana (आश्वेतना)
20. Indramada (इन्द्रमद)
21. Pratisarana (प्रतिसारणा)
22. Indications of Annalepana (अन्नलेपन)
